

## ABSTRACT

This independent study is primarily about the pastoral care and counseling ministry of Zion Myanmar Baptist Church (ZMBC). The study is focusing upon finding out suitable, effective pastoral care and counseling methods which can be used in Zion Myanmar Baptist Church and other Myanmar Christian churches around Thailand. Furthermore, the research also compares and contrasts leading scholars understanding of and views on pastoral care and counseling ministry.

The research is mainly divided into five main chapters. Each chapter includes a variety of topics and subtopics. The first chapter is the introduction of the study which includes the statement of the problem, the purpose of the study, the expectation of the study and the methodology of the study.

The second chapter of the study is primarily about describing various theories of pastoral care and counseling of different scholars and researchers. In this chapter, the study will be presenting the scholars understanding and definition of pastoral care and counseling ministry from their various points of views. Importantly, the study presents the basic useful skills and methods used by the scholars and other researchers presented.

In the third chapter, the research introduces the main reasons why Myanmar people migrate to neighboring countries, especially Thailand. I will also examine the current situation of Myanmar Christian migrant workers and their problems, and look at the pastors' main responsibilities in their churches. The final part of this chapter presents the brief history of ZMBC and of its members' problems by presenting a case study.

In fourth chapter, the research presents methods and skills from both biblical based and theoretical models of pastoral care and counseling that I have found from the study which can be effectively used by ZMBC. The last chapter of this research provides some recommendations and suggestions for pastors who are pastoring different Myanmar migrant churches throughout Thailand. lastly, the research recommends some related topic for further study.

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